

Springfield ENT & Facial Plastic Surgery

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USE OF YOUR EAR DROPS

You have been prescribed an ear drop to treat your ears. Please see the label on the bottle for the length of time to use them and for any special instructions. Drops are best applied by:

- Tilt your head so that your ear is directed upward. Pull up and back on your ear to help open the ear canal. Place 4 drops in the ear (or as directed by the label on the bottle)
- Push on the small cartilage in front of the ear canal about 10 times to pump the drops all the way into the ear canal. If there are tubes in the eardrums, this will pump the antibiotics through the tubes into the middle ear to help treat the infection.
- Hold your ear upward for at least 3 minutes.
- If both ears require drops, wait about 10 minutes to let the drops settle in the first ear.
- You may place a piece of cotton on the outside of the ear canal to catch any leakage of the drops.

Keep water out of your ears until you are seen back in our office. A cotton ball may be saturated with Vaseline and lightly placed over the ear canal for bathing. A hair - dryer (blow-dryer) may be used to dry any moisture after bathing.

Sometimes, the ear canal is so swollen due to infection and inflammation that the drops cannot get in. In these cases, a small sponge wick may be placed to allow the medication to get into the ear.

Please contact our office if you have any questions, concerns, or problems.

And again, thank you for the opportunity to provide you medical care!

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